



## CLINICAL SUPERVISION

Clinical Supervision is extremely important in the psychotherapy and counselling professions for trainees, newly qualified practitioners and more experienced therapists alike.

In the interests of both clients and therapists, most psychotherapy and counselling professional bodies (e.g. COSCA, BABCP, HCPC, UKCP, BACP, NCS etc.) require members to incorporate regular Clinical Supervision into their clinical practice.

Clinical Supervision is a professional service, rather than a managerial role. It involves finding a fellow professional practitioner who has sufficient training, knowledge and experience to support you in your work with clients. Clinical Supervision also involves reviewing your work with clients, discussing professional development and exploring personal issues too, if necessary.

Our Clinical Supervisor is an experienced, accredited and fully qualified Integrative Cognitive Behavioural Psychotherapist with a background in psychology and research. She currently provides Clinical Supervision to trainees, qualified and accredited psychotherapists and counsellors whose modalities are Cognitive Behavioural, Integrative and Person-Centred. Our Clinical Supervisor is fully insured and has professional memberships with COSCA, BABCP, and the British Psychological Society.

Registered Members of The CBT'ers Club can take advantage of discounts with this Clinical Supervisor who will offer you discounted Clinical Supervision for your first year working with her. So, your first year will be £40 per 50-minute session. This rises to £50/session after your first year.

Non-Members can also work with our Clinical Supervisor and rates are £50 per 50-minute session.

Our Clinical Supervisor is able to provide supervision to individual practitioners, groups, trainers and other supervisors. Appointments take place in Glasgow city centre. Please get in touch for more information and to enquire about booking an initial Clinical Supervision appointment.