



PRIVATE PRACTICE MASTERMIND GROUPS

These were previously known as 'Business Clubs' however, we have renamed them 'Private Practice Mastermind Groups' as we feel that reflects the group more. These groups are for psychotherapists, counsellors, coaches, psychologists and other practitioners working in, or looking to work in, private practice.

As with all our events, groups and meetings, Private Practice Mastermind Groups take place on Saturday mornings/afternoons (11-2) or weekday evenings.

Some of the themes and topics that might be discussed, addressed and put into practice (e.g. as goals for Members to work on) during Private Practice Mastermind Groups might involve: Advertising; Researching/Marketing your Business; Premises; Insurance; Networking; Writing Business Plans; Finance; Challenges; Online Presence; Admin; Support; and more.

Private Practice Mastermind Groups might also include, for example: group discussions; guest speakers, goal-setting; hot seat exercises; practical skill; sharing experiences; reading extracts/tips on private practice; short film/documentary extracts; sharing work/projects; peer support and making suggestions/offering feedback to other Members at the group. Of course, other suggestions are welcome - it's your group and you can use the time and space in ways that are most relevant to you!

We aim to interpolate more 'general' groups with 'specific' group meetings that focus on, for instance, a particular topic (e.g. advertising) or a particular aspect of business or private practice.

Groups are friendly, informal, welcoming and supportive. Groups give you a great chance to meet new people (or chat with those you have already met),

get support, share concerns, worries or ideas and feel less isolated in your work (being a therapist can be lonely at times, can't it?).