



SUPERVISOR SUPPORT AND SUPERVISION GROUP

Clinical Supervisors are required by many professional and membership bodies to seek supervision for their work with their own supervisees too. Again, we can provide Clinical Supervision for Supervisor individually and in groups.

If you require individual Clinical Supervision for your supervision practice, please see the Clinical Supervision section of the website for further details. If you would like to engage with Supervisor Support and Supervision Groups, then we can provide these too. These groups are facilitated by a qualified Clinical Supervisor who is also a Trainer and an accredited Psychotherapist.

If you are interested in taking part in Supervisor Support and Supervision Groups, please get in touch to let us know as groups will be provided subject to adequate numbers (at least 3 other people attending).

Supervisor Support and Supervision Groups have 3-8 members and groups last 2 hours (with a small comfort break). Longer group meetings can be provided upon request.

Some of the benefits of Trainer Support and Supervision Groups include:

- Discussion of supervisees and their clients, supervisees who are trainees, your role as a supervisor and other professional matters (based on the 7-eyed model of supervision);
- Discussion of supervision practice;
- Chance to receive and offer other perspectives, viewpoints and ideas;
- Problem-solving and solution-focused support regarding supervision practice;
- Keep up-to-date with new supervision ideas, developments, knowledge;
- Increase your confidence as a supervisor, develop your own supervisory style and improved supervisor performance;
- Personal and professional reflection;
- Generating ideas and exploring options;

- Support with challenges and difficult situations;
- Developing new practical skills and sharing/gaining knowledge regarding training;
- Ongoing consultation and support
- Network with other supervisors and combat professional isolation
- Interpersonal learning from peers;
 & lots more (as if that isn't enough!)

Upcoming Supervisor Support and Supervision Groups (and all other events and meetings) are posted in the What's On section of the website.