



## TRAINER SUPPORT AND SUPERVISION GROUP

Trainers of psychotherapy and counselling courses (Certificate, Diploma and Masters level) are typically required to engage with Clinical Supervision individually, in a group setting, or both. We can provide Clinical Supervision for Trainers individually and in groups.

If you require individual Clinical Supervision for your training practice, please see the Clinical Supervision section of the website for further details. If you would like to engage with Trainer Support and Supervision Groups, then we can provide these too. These groups are facilitated by a qualified Clinical Supervisor who is also a Trainer.

If you are interested in taking part in Trainer Support and Supervision Groups, please get in touch to let us know as groups will be provided subject to adequate numbers (at least 3 other people attending).

Trainer Support and Supervision Groups have 3-8 members and groups last 2 hours (with a small comfort break). Longer group meetings can be provided upon request.

Some of the benefits of Trainer Support and Supervision Groups include:

- Discussion of training, courses and other professional matters;
- Discussion of course delivery and training practice;
- Chance to receive and offer other perspectives, viewpoints and ideas;
- Problem-solving and solution-focused support regarding training practice;
- Keep up-to-date with new training ideas, developments, knowledge;
- Increase your confidence as a trainer and develop your own teaching style;
- Personal and professional reflection;
- Generating ideas and exploring options;
- Support with challenges and difficult situations;
- Improved trainer performance;

- Developing new practical skills and sharing/gaining knowledge regarding training;
- Ongoing consultation and support
- Network with other trainers and combat professional isolation
- Interpersonal learning from peers;  
    & lots more (as if that isn't enough!)

Upcoming Trainer Support and Supervision Groups (and all other events and meetings) are posted in the What's On section of the website.